

ENNAI KATHIRIKAI KUZHAMBU

One of the recipes that are intrinsic to South Indian cooking, Ennai Kathirikai Kuzhambu is not difficult to make, and impossible to resist

INGREDIENTS:

Small Brinjals - 5 to 6 Nos
Tamarind - a lemon size
Turmeric powder - 1/2 tsp
Asafoetida - a pinch
Mustard - 1/4 tsp
Toor dal - 3 tsp
Channa dal - 1/4 tsp
Urad dal - 1/2 tsp
Fenugreek - 1/2 tsp
Red chillies - 4 Nos
Curry leaves - a few
Sambar powder - 1 tablespoon
Gingelly oil - 4 tablespoon
Salt - 1 teaspoon or more, based on desired taste

METHOD

1. Soak tamarind and salt in 1 1/2 cup of water.
2. Take out the tamarind juice.
3. Heat oil in a kadai and add fenugreek seeds.
4. When they turn brown add red chillies, toor dal, channa dal, asafoetida and urad dal and fry.
5. Cool it and grind them into powder along with little salt.
6. Slit the brinjals into four keeping the bottom intact.
7. Stuff the ground powder into the brinjals.
8. Heat oil in a kadai and when it is hot, add mustard seeds.
9. When it pops up, add curry leaves and the brinjals.
10. Reduce the heat and close with lid.
11. After few minutes, add the tamarind water, turmeric powder and sambar powder.
12. Close with lid and allow to boil.
13. Reduce the heat and cook till the kuzhambu thickens.

SOURCE: WWW.AWESOMECUISINE.COM

ANSWER This...

Ten questions every fortnight to test your general knowledge. If you've got all the answers, send your responses by email to mytimesvelachery@timesgroup.com or by post to 126/127, Chamiers Road, Times House, Nandanam, Chennai - 600035

1. Which rock band, famous in the 1960s, gets its name from the title of a book by Aldous Huxley? That title was in turn taken from a line in a poem by the 18th-century artist and poet William Blake.
2. The GE Building is an Art Deco skyscraper that forms the centerpiece of the Rockefeller Center in Midtown Manhattan. It also gives its name to which TV Show created by Tina Fey?
3. Following graduation, this Indian took a position at MIT as an Assistant Professor. He focused his research on acoustics, leading him to invent a stereo loudspeaker that would reproduce, in a domestic setting, the dominantly reflected sound field that characterizes the listening space of the audience in a concert hall. What is his name?
4. This animal can neither roar nor purr and so, it represents an intermediate between big cats and small ones. Because of this, it was placed in its own genus, uncia. The word uncia comes from the Latin word for "one twelfth" (1/12th) and this fact has inspired its common name. Which animal?
5. The director of the movie Chithiram Pesuthadi was influenced by whose works to change his name?
6. Which African country was formerly known as Dahomey?
7. Mir Mohammed Muayyinu'l Islam of the Qadiri order was popularly known as Mian Mir and resided in Lahore. In 1588, he was invited to lay the foundation stone for which 'structure'?
8. The movie Harry Potter and the Deathly Hallows: Part 2 is being released on July 15th. Who is directing it? He has directed three other movies in the Harry Potter series.
9. This tabloid newspaper published in the United Kingdom from 1843 to July 2011 was originally founded by John Browne Bell and Rupert Murdoch was its last owner. Its final headline was "Thank You and Goodbye". Name it.
10. Meaning 'Protector of the People', this title, much in the news, is equivalent to that of an Ombudsman.

Answers to this quiz will be published in the next issue of My Times Velachery

Answers for Quiz on July 2

1. Isabella
2. Forks
3. Spanish Influenza
4. Hale
5. She is injected with Edward's venom
6. Denali Coven
7. The Volturi
8. A wolf.
9. Its derived from the amalgamation of the names of Bella's mother, Renée, and Edward's adoptive mother, Esme.
10. Robert Pattinson

WORD WONDER

1. What is the only word in the English language that ends in mt?
2. What do a racecar and kayak have in common?
3. A man drove from Detroit to Chicago, leaving at 8 in the morning. The next day he leaves Chicago at 8 and drives the same highway back to Detroit. If his speed varies, will there be any spot along the route that he passes at exactly the same time each day?
4. When is this sentence true: There are eleven letters in the alphabet.
5. A boy has a peculiar quirk; he repeats everything he hears. However, when his father said dinner was at six, the boy said nothing. Why? More Word Riddles
6. This is the only type of cheese that is made backwards. What kind is it?
7. If I tell you "Everything I tell you will be a lie," is it possible to determine if I am lying or telling the truth?
8. Bill is drinking water. Alan is drinking tea. There are only these two drinks available. When Julie joins them, she wants something to drink too, and sees that there are just two choices. Does Julie drink water or tea?
9. Almost everyone needs it, and yet almost nobody takes it, even when it is available. What is it?



- Answers to the Word Riddles:
1. Dreamt.
 2. They are both spelled the same forward and backward.
 3. There has to be. To see it clearly, imagine two men driving the route on the same day, one leaving Detroit at 8 and the other leaving Chicago at 8. They have to pass each other at some point, and they'll be there at the same time.
 4. When "the alphabet" is in quotation marks. (count the letters)
 5. Obviously he didn't hear him.
 6. Edam (it spells "made" backwards).
 7. Yes, I have to be lying, because if I were not, my statement would be true, meaning it would have to be a lie, thus becoming a paradox. However, I can be lying about some things, and this is one of them.
 8. Yes.
 9. Advice.